

## HELLO FOODIE'S:

Etch -303 Demonbreun St, Nashville, TN 37201

The Farm House - 210 Almond St, Nashville, TN 37201 (traditional Southern cuisine featuring modern technique and fresh, locally-sourced ingredients)

Merchant's – The food and vibe here are equally as impressive “we LOVE this spot” 401 Broadway, Nashville, TN 37203

The Southern Steak & Oyster - 150 3rd Ave S #110, Nashville, TN 37201 (great brunch and Bloody Mary's)

Puckett's - 500 Church St, Nashville, TN 37219 (Southern down cookin- great for breakfast, lunch, or dinner)

Kitchen Notes in the Omni - 250 5th Ave S, Nashville, TN 37203 (Yummy brunch with bottomless mimosas)

## OKAY, WHO IS READY FOR A GOOD TIME:

LOWER BROADWAY: all Honky Tonks (are fav's are Tooties, The Stage, and Acme) - so fun!

2nd Ave - check out this historic street and shops make sure to stop by BB Kings - I'm a huge fan of their BBQ Nachos and the house band during the night is fantastic.

Bourbon Street Blues & Boogie for some “REAL DEAL” blues music!

Ryman Auditorium “The Mother Church of Country Music” – [www.ryman.com](http://www.ryman.com) the tours are outstanding and you should definitely try to catch a show while you are in Nashville. 116 5th Ave N

Bridgestone Arena – visiting for a Predators game, event, or show? So fun!

Music City Center/Convention Center - [www.nashvillemusiccitycenter.com](http://www.nashvillemusiccitycenter.com) also check out 201 5th Ave S Nashville

Country Music Hall of fame – 222 5th Ave S Nashville

## OFF THE BEATIN PATH:

Nashville has so much more to offer than just downtown lower Broadway area. If you have time check out: Midtown, The Gulch, 12 South, East Nashville, Edgehill and Germantown. Call me and I can give you the skinny on each sub area of downtown Nashville. Each area is only about a 5 min cab and has great restaurants/bars, and nightlife( 12 South is adorable - If you guys have some time - take an Uber over to

the 12 South area. It's walk-able and has a great park. Awesome BBQ "Eddleys" also try Los Palatas "homemade Popsicles" Bar Taco, Urban Grub has a great brunch and really good dinner/atmosphere, shops for the ladies "Reese Witherspoon" opened up a cute boutique there. Germantown has some great dinner spots "Rolf & Daughters" and 5th & Taylor are AMAZING. If you go to 5th & Taylor order the duck wings - SO good!. The Gulch in my opinion has less of a Nashville authentic feel but they do have some great restaurants(For Mexican try Saint Anejo, Asian - Virago is great and has delish sushi, Whiskey Kitchen has a good vibe and food to match, Sambuca is cozy and has live music, Biscuit Love is also in the Gulch and gets a big thumbs up for lunch and brunch, want a chill spot for drinks and fun in the Gulch? Try Bar Louie).Downtown Franklin, TN is AMAZING and is only about a 25 min drive from Downtown Nashville. Leipiers Fork is also an outstanding little area to visit and it's about a 40 min. beautiful drive. Seriously, if you have the time and what to explore - call me and I'd be happy to share our favorite places

Best EVER Karaoke in Nashville:

Lonnies - This spot is a Nashville staple - enough said!

Santa's Pub - this is a local fav that most folks do not know about. Beers are cold and start at \$2 dollars, PBR and High Life get served up with southern hospitality, house band plays every Sunday from 7pm - 9pm and Karaoke every night at 7pm (well, Sun. it's starts at 9pm) BTW, this bar ONLY TAKES CASH but there is a ATM outside. This is a tried and true dive bar at it's finest. Oh, and voices that hit the mic would make Dolly Parton proud.

DID YOU PARTY TOO HARD? WE have the solution RECOVERY ROOM NASHVILLE - don't let a hang-over AKA Brew Flu, jet lag, or an illness ruin your trip to Music City. [www.recoveryroomnashville.com](http://www.recoveryroomnashville.com)

TRANSPORTATION: in style! Golf Carts/Joy Ride Nashville [joyridellc.com](http://joyridellc.com), Uber [www.uber.com](http://www.uber.com), Nashville pediCab [www.nashvillepedicab.com](http://www.nashvillepedicab.com) or you can just take a local cabs. Nashville has 25 B-stations dispersed throughout the city to be used by residents and visitors alike. Inexpensive an absolutely stylin' way to get around town. These red bikes can pedal you from Hillsboro Village all the way to Five Points. Anytime your bike is checked out beyond one hour, your credit card will be charged \$1.50 per half hour and you can drop your bike where you picked it up or at any of the 25 other locations. Keep in mind, you are in walking distance to all downtown has to offer. Literally, just a few blocks to all the attractions.

ADVENTURE:

The Escape Game Nashville - 510 E Iris Dr, Nashville, TN 37204 -

Soar Adventure Tower - 3794 Carothers Pkwy, Franklin, TN 37067

#### Hiking in Nashville:

No, walking all the way to the local bar does not count as a hike - but these dozen gorgeous, awe-inspiring, Nashville adjacent trails certainly do "says" Chris Chamberlin! Mossy Ridge Trail in Percy Warner Park, Radnor Lake, Natchez Trace Parkway, Bells Bend Park, Beaman Park - Ridgetop Trail, Volunteer Trail, Shlby Bottoms Greenway and Nature Park, Warner Woods Trail, Edwin Warner Park - Harpeth Woods Trail, Edwin Warner Park - Nature Loop,

SIGHT SEEING TOUR: hilarious and totally worth it Nash Trash Tour [www.nashtrash.com](http://www.nashtrash.com), Nashville Peddle Tavern - drink and tour the city <http://www.nashvillepedaltavern.com/>, JoyRide Nashville [joyridellc.com](http://joyridellc.com), and Nashville horse and carriage tours <http://www.nashvillesightseeing.com/productType/CARRIAGE>, Nashville Party Barge [nashvillepartybarge.com](http://nashvillepartybarge.com), Nashville Scooter Tours, iRide Nashville Tours (segway) [iridenashville.com](http://iridenashville.com)

[www.visitmusiccity.com](http://www.visitmusiccity.com) - This is the best website for finding all your Nashville needs!! This site will also give you maps for downtown Nashville that is really helpful!